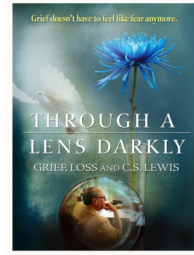


# Helpful Websites



AARP – Information on grief and loss, including for the new widow/widower

<http://www.aarp.org/relationships/grief-loss/>

Association for Pet Loss and Bereavement – Resources for coping with pet loss

<http://aplb.org/index.html>

Bereaved Parents USA – For newly bereaved parents who have lost a child

<http://www.bereavedparentsusa.org>

Compassionate Friends – For parents who have lost a child

<http://www.compassionatefriends.org>

Divorce Care – Support groups and resources for those facing divorce

<http://www.divorcecare.org>

Divorce Care for Kids – Resources and support for kids age 5-12

<http://www.dc4k.org>

Family Caregiving Alliance – General information on grief and loss

[http://www.caregiver.org/caregiver/jsp/content\\_node.jsp?nodeid=404](http://www.caregiver.org/caregiver/jsp/content_node.jsp?nodeid=404)

Grief.com – Wisdom of Elizabeth Kübler-Ross and David Kessler, grief experts

<http://grief.com>

Grief Net – A variety of online resources on grief and loss

<http://www.griefnet.org>

Grief Loss and Recovery – Emotional support for those sharing grief

<http://grieflossrecovery.com>

HopeXchange – Emotional support for coping with the grief of miscarriage

<http://www.hopexchange.com>

Journey Through Grief – Using the arts and creativity to cope with grief  
<http://www.journey-through-grief.com/index.html>

Open to Hope- Inspirational stories of healing after loss  
<http://www.opentohope.com>

Silent Grief – A website dedicated to coping with pregnancy loss and miscarriage  
<http://silentgrief.com>

Suicide Grief – A public message board for those coping with a loss due to suicide  
<http://www.suicidegrief.com/index.php>